

PARENTING IN THE 21ST CENTURY –

NOT THE WAY MOM AND DAD DID IT

**UNDERSTANDING ANXIETY**

**IN YOUR KIDS**

**When:**

* **April 21st, 2016**
* **Refreshments at 6:00pm**
* **Presentation from 6:30-8:30pm**

**Where:**

* **3000 Guildford Way, Coquitlam City Hall**
* **Free parking is available**

**Speakers:**

* **Ocean Van Samang - Clinical Coordinator, The START Team**
* **Gillian Schoenefuhs - parent with lived experience**
* **Dr. Lili Nasseri, MD - physician lead for CYMH in the Tricities**

**~ A MUST ATTEND FOR ALL PARENTS**

**This event is FREE but space is limited, so register early!**

**Register at:** [**http://cymhsuanxiety.eventbrite.ca**](http://cymhsuanxiety.eventbrite.ca)

***This FREE speaker series is put on by the Tricities Child and Youth Mental Health Substance Use Collaborative (CYMHSU)– a partnership created by Fraser Northwest Division of Family Practice (nonprofit) and Doctors of BC.***